

Monash Gastrointestinal Specialists

Gastroenterologist Referral



Patient details

Date ____/____/____

Name _____

DOB _____

Address _____

Phone number _____

DVA / Private Health / Pensioner

Appointment for

Consultation

Capsule endoscopy

Gastroscopy

ERCP

Colonoscopy

EUS

Indication

Patient alerts

BMI >40

Is there a history of diabetes?

Type I Type II Insulin

Diet Oral hypoglycemics

Anticoagulants

Warfarin Asprin Antiplatelet agents

Iron tablets must be ceased 1 week prior to Colonoscopy.

LOCATIONS

MAIN ROOMS AND BOOKINGS

Monash House (opposite Monash Medical Centre)

Suite 9, 271 Clayton Road, Clayton, VIC 3168

Phone: (03) 9543 5311 Fax: (03) 9543 3805

OTHER LOCATIONS

Bayside Endoscopy & Consulting Rooms

Melbourne Endoscopy

Jessie McPherson Hospital

The Bays Private Hospital

All appointments / referrals

Phone: 9543 5311 Fax: 9543 3805

Email: reception@monashgastro.com.au

* All endoscopy referrals include consultation.

* Prior consultation is advised for therapeutic endoscopy, elderly patients and those with significant co-morbidities.

Gastroenterologists:

Dr David Devonshire

Dr Gregory Moore

Dr Debbie Nathan

Dr Shireen Tabatabai

Dr Alex Hodge

Dr Chris Desmond

Dr Ed Giles

(Paediatric Gastroenterologist)

Dr Debra Devonshire – Consultant Anaesthetist / Pain Specialist

Dr Marion Barton – Clinical Psychologist

Referring Doctor Doctor's stamp

Signed _____ Date: _____

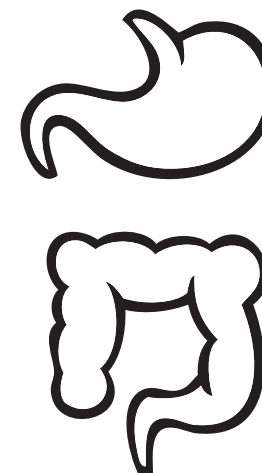
Gastroscopy / Colonoscopy Patient information

Your doctor has recommended that you require either a gastroscopy, colonoscopy or both in order to investigate your medical condition. We recommend that the following information be read prior to the procedure(s) so that you are aware of what it involves and what you can expect from the procedure(s). If you have any concerns or specific questions, feel free to contact the rooms (9543 5311).

Instructions for gastroscopy / colonoscopy

You will have a light anaesthetic / sedation for the test

1. You must not eat or drink for at least 4-6 hours before the appointment
2. You may take essential medications with a sip of water
3. Arrange for someone to pick you up (after your procedure)
4. Do not drive or operate machinery for the rest of the day
5. Please bring Private Hospital Insurance details, Pension card and Medicare card
6. Please bring a list of your medications
7. If you are a diabetic – discuss adjusting the medications with your doctor
8. Please inform us if you are taking warfarin, Iscover or plavix and iron tablets



For colonoscopy: On the day before the procedure you will be required to drink laxatives to clean the bowel so that clear views can be obtained. You will need to obtain an instruction sheet for this bowel preparation from Monash House rooms (Suite 9, 271 Clayton Road) when the appointment is made.

What are the risks of endoscopy?

Both procedures are typically very well tolerated and in the vast majority of cases there are no side effects or complications from the procedure.

- ◆ The most common side effect following the procedure is a feeling of fullness/bloating as a result of air used/inserted during the procedure.
- ◆ Perforation – less than 1 in 2000. The bowel wall tears resulting in a hole (perforation). This may require an operation.
- ◆ Bleeding – less than 1 in 500. Typically occurs in the context of a polyp removal (polypectomy). May require a repeat gastroscopy / colonoscopy or an operation.
- ◆ Aspiration – if there is insufficient fasting or excess stomach contents, there is a risk of stomach contents going into the lungs called aspiration. This can lead to pneumonia.
- ◆ Failure to complete – in less than 1% of cases of colonoscopy, a complete procedure is unable to be performed due to inadequate bowel preparation or technical issues. This may require a repeat colonoscopy or alternative procedures.
- ◆ Missed lesions – no medical test is 100% accurate. There is a 10% miss rate for small polyps and much lower rates for larger polyps and cancers.
- ◆ Death – this is an extremely rare complication, but is a potential risk with any medical procedure or anaesthetic medication.

If you do not understand any of the above information, or have further questions or concerns, please contact the rooms on 9543 5311